

Ask *the Expert*

Dr Danielle Meagher graduated from Dentistry in Trinity College Dublin before completing a two-year Grad Dip in Aesthetic Medicine in London. Her own practice is limited to facial aesthetic treatments such as Botox and all non-surgical aesthetic treatments including pain-free facial & lip fillers. She uses specialized dental block to numb the area being treated to ensure that all her treatments are 100% pain-free. She is featured regularly on television and in the media carrying out Botox treatments. In addition, many high profile Irish & UK celebrity patients enjoy the absolute discretion afforded to her clients.

What is Botox?

Botox is a simple, non-surgical procedure. Botox is used to temporarily relax muscles mainly in the upper part of the face and around the eyes. If you have horizontal lines on your forehead, or wrinkles between your eyebrows, it is now possible to have these lines treated using this procedure, which results in reduction or complete removal of facial lines and wrinkles. Botox is used to treat wrinkles and crows feet around the side of the eyes, as well as 'bunny lines' on top of the nose. A Botox treatment takes less than ten minutes and should be a very tolerable and indeed comfortable treatment. My patients often comment that 'leg waxing is much more painful!' However please note the importance of attending a specialist clinic if considering having these treatments. This ensures optimum safety and maximum clinical cross infection control.

What is bespoke Botox?

Bespoke Botox treatments are either tailored Botox treatments or more advanced Botox treatments. These can range from treating a 'horse smile' by injecting Botox near the side of the nose, to injecting Botox along the jaw-line to achieve a non-surgical mini face lift. Botox can be used to tighten saggy necks; the muscles in the neck cause a downward pull on the face, but when injected with Botox the downward pull is stopped and jowly jaws can be eradicated being replaced with a tighter more youthful jaw line. Females with large masculine jaws can have Botox injected into their masseter (jaw) muscle to give them a more feminine profile and slimmer face. Botox can also be injected into the tip of the nose so that the nose becomes more up-turned; which in turn looks much more youthful. If you want to have a Botox brow lift then this can be achieved with Bespoke Botox, just ask your advanced clinician about achieving a raised eyebrow; this will open up your eyes and often give you more room to work with when it comes to applying make-up to the eye socket area. If you have deep facial folds such as



BESPOKE BOTOX & PAIN-FREE FACIAL FILLERS

Dr Danielle Meagher BDentTCD; GradDip Aesthetic Medicine (aka Dr Botox) is clinical director of DermaDental Clinic, Dublin. Her clinic specialises in pain-free anti wrinkle treatments for the face including Botox and pain-free facial & lip fillers.



the lines that run from the side of the nose to the side of the mouth (nasolabial lines), then a combination of dermal fillers and Botox will treat this area.

What is dermal filler?

If you would like to reverse the signs of ageing and smooth out wrinkles in the lower part of the face, around the nose and mouth, then dermal filler is the ideal treatment! As we age, the levels of collagen and elastin in our skin decreases as cells lose their ability to produce more of their youthful components, and so the skin becomes drier, thinner and less able to fix itself. When we are born we have plentiful amounts of hyaluronic acid substance in our bodies, but as we age this naturally occurring substance is reduced, leaving the skin less well supported and so lines and wrinkles develop. Dermal Fillers are composed of hyaluronic acid, and are an excellent way to reverse the signs of ageing by simply replenishing levels of this naturally occurring product.

Bespoke Botox & Dermal Fillers; a combination treatment?

By using a combination of Botox & Dermal Filler in the face we can easily treat and reverse the signs of ageing. Prevention is better than cure, and if you invest a little time and money now, then you will reap the benefits before it is too late. Some people say to me 'I will get Botox when I am in my sixties or seventies'. Best of luck with that – if you are going to ignore the signs of ageing for 60 or 70 years before doing anything at all about it, then please just by-pass the Botox treatment and book the full surgical facelift. The whole ethos behind Bespoke Botox is that you can have a little treatment when and as you need it, in order to avoid needing a face-lift. Also many Irish women are apologetic about coming to me for Botox and say to me 'vanity is an awful thing'. I would say do not apologize for wanting to look after your appearance. Be sure to look after yourself and your appearance because no-one else is going to do it for you! Also be under no illusions Botox is the fastest growing cosmetic treatment in this Ireland at present, and while many people may say 'I am going to grow old gracefully' you can rest assured that they are saying this while counting the days until their next Botox treatment!

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